

QUANTUM LEAP

Quantum: "A dramatic advance, especially in method, information, or knowledge"

Linking Employment, Abilities and Potential (LEAP) is working collaboratively with S.A.W., Inc. to provide after-hours recreation and fitness activities in the community for Eastside participants. Similar to the Westside S.O.A.R. program, LEAP will increase the opportunities for persons with MR/DD to participate in sports, recreation, arts and crafts, and social and leisure activities in community settings. Our program is committed to the concept of inclusion and consumer-directed choice. Quantum LEAP, the name chosen for LEAP's recreation program because the play on words supports LEAP's philosophy of consumer control and self-determination, will begin activities the first week of February.

The majority of activities will run for six consecutive weeks and will cost an average of \$30.00 a session. Activities will include Yoga Reach, Escape to Nature, Dance and Exercise, Ice Skating, Adapted Gym, Cleveland Cavaliers Basketball Skills Camp, Cleveland Indians Baseball/Softball Skills Camp, Rock Climbing Wall, Walking Club, Arts and crafts and more!

Please visit our website at www.leapinfo.org for a calendar of activities, activity flyers, and registration forms. For more information contact Steve Smutak at LEAP 216.696.2716 or ssmutak@leapinfo.org

Volunteers are also an integral part of our efforts to meet the need for leisure time activities. Dedicated parents, family members and community volunteers make activities much more possible than staff could ever do alone. Volunteers are needed to help individuals with MR/DD become fuller participants in their communities through inclusive recreation activities. Please contact Maria Wolf at 216-696-2716 or mwolf@leapinfo.org if you are interested in volunteering.