



Quad-Cities Unity Church of Christianity



**Newsletter
NOVEMBER
2010**



Dear Friends!

Hope that this November is finding you and all family members and friends happy, healthy and whole!

If the weather in October is any example of what we expect to have in November, I think it will be GREAT! In October, on the average, it was fairly chilly in the early morning, but it warmed up very nicely during the day.

As we did last year, we plan to make November the month of Gratitude in honor of Thanksgiving but we will celebrate a little differently. Each Sunday of the month, we will honor some things that we are grateful for and YOU will have a chance to indicate some of the things that you are grateful for.

As November is also the month of release or renunciation, we will also work with this activity as well.

Let's look at gratitude first. Charles Fillmore, co-founder of Unity, tells us that "gratitude" is "a great mind magnet" that is, with thanksgiving, is "necessary in demonstrating prosperity through divine law". He tells us to be "grateful to God and thankful to the friends whom He uses to supply you".

We are told that there are only two countries in the world that celebrate Thanksgiving as national holidays, Canada and the U.S. I think that it is important to note that these are two of the most successful, prosperous countries on our planet, as well as being among the youngest!!

In our church, we will celebrate Thanksgiving every day, perhaps not with turkey and dressing, but we WILL celebrate it!! This is because we KNOW that gratitude can help raise our consciousness and bring more and more of God's good into our lives!!

We also will give a lot of energy to Renunciation or Release because this is a very important part of Spiritual Growth. The key here is that we have to RELEASE erroneous thoughts, feelings, beliefs and attitudes to make room for the fabulous new good that God has for us to experience!! The key tool of Renunciation is what we call the Denial. This is our method of releasing or letting go of that which no longer serves us. A "denial" is "a mental process of releasing from consciousness the false beliefs of the sense mind". We let go of the erroneous thoughts, feelings, beliefs or attitudes and replace them with positive affirmations.

An example of this would be,

THIS APPEARANCE OF SICKNESS IN ME IS FALSE. AS A WONDERFUL EXPRESSION OF GOD IT IS MY NATURE TO BE HEALTHY AND WHOLE AND I CLAIM THAT IN EVERY PART OF MY BEING RIGHT NOW! THANK YOU, GOD!"

A GREAT affirmation for November that would incorporate both release and thanksgiving would be:

I NOW RELEASE AND LET GO OF ERRONEOUS THOUGHTS, FEELINGS, BELIEFS AND ATTITUDES THAT NO LONGER SERVE ME AND EXPRESS GRATITUDE FOR THE WONDERFUL GOOD THAT IS REPLACING THEM!! THANK YOU, GOD!!

Dear friends, I KNOW that this can be the very best November that you have ever experienced!! As you work with and practice gratitude and renunciation, it cannot not happen!!

God loves, blesses and appreciates you ALL and so do I!!

Many Blessings to ALL and a VERY HAPPY THANKSGIVING!!

Rev. Dean

UNITY EVENTS



**Daylight Savings Time starts
Sunday, November 7th**

Remember to set your clocks BACK one hour.

HEALING ARTS DISCUSSION

We are continuing to invite healing arts professionals to speak to the congregation after church on Sundays when time is available. If you or someone you know would like to share their specialty, please let us know.

Sunday Morning Cinema

Join us each 1st, 3rd and 5th Sunday morning from 9:45 until 10:15 AM for a spiritual video. This month we will be showing our September Spiritual Cinema selection, "Dalai Lama Renaissance Vol. II."

Sunday Morning Meditation Our Sunday Meditation program meets throughout the year on the 2nd and 4th Sundays of the month from 9:45 until 10:15. No experience in meditation or ongoing commitment is required to participate. Those who wish to lead one or more of the sessions are welcome to contact me. Everyone is welcome! Alice Rice, Coordinator

THIRD YEAR ANNIVERSARY of SPIRITUAL CINEMA at UNITY MOLINE November 19 and 20 6:45 PM

To celebrate our THIRD YEAR OF Spiritual Cinema at Unity we are showing "EXCUSES BEGONE" with Wayne Dyer!! This is a DVD of the program that he presented on Public Television based on his best selling book by that name. We have been working with this book on Sunday mornings during October. Dyer teaches that we are all expressions of God and it is our nature to experience good in our lives as a result. The "excuses" that he writes about are erroneous thought patterns that we may have picked up over the years. He presents techniques to let them go to make room for the new good that is ready to be experienced in our lives. Presented on a love offering basis.

LUNCH BUNCH - NOVEMBER 28 AFTER CHURCH!!

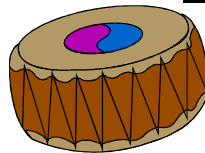
We are considering the Incredible Pizza in Davenport. \$7.99 plus tax, All you can eat, which includes MORE than pizza.

YOU are welcome to join us!! Please see Sandi Conrad, Adult of Unity Coordinator!! We also are considering some dances and music performances. Please watch our Unity website for more info on these.

GRATITUDE NOVEMBER SERIES

In November, our Sunday services will include a month-long series on GRATITUDE. *We will be singing songs, using affirmations and developing techniques that will help us all to be more aware of God's goodness in every part of our lives and to express gratitude for it.*

SOUND CIRCLE



Our SOUND CIRCLE group is meeting each second Saturday of the month at 1 PM. All friends and members of Unity are invited to join us. It is GREAT fun!!

You are welcome to bring any musical instrument but we have drums and other percussion instruments for you to use if you don't. Jeanie Gamer is the leader!!

Share Your Talent with us at Christmas!

We are planning our Christmas Celebration for December 19 and invite anyone or group interested in sharing their talent to participate in our Christmas Program. We are looking for people to sing, perform a Christmas reading, play their instrument, participate in our Christmas skit, dance, or share their special talent.

Please call us at 309-762-1066 or email us at www.unityqc.org by November 8, 2010. You may also check our website at www.unityqc.org. We look forward to hearing from you. Please pass this on to friends and family members who might want to participate.

Christmas Program Coordinators
Rev. Dean Van Wie
Patricia Mooney, Music Director
Alice Rice, LUT

NEW WEBSITE at www.unityqc.org

Our new website is AMAZING! Please check it out! We still are making improvements to it, but it is fully operational right now! Let us know what you think.

BLOOD DRIVE EVENT

RE-SCHEDULED

Another group beat us to the Nov. 10 date we had scheduled for a Blood Drive at the church. We are now looking at December or January. Will let you know when it is firmed up. Our plans are still to serve dinner after the event as well as cookies and other snacks and to follow this with a workshop on Self-Hypnosis by JT Harms.

Please watch for more details!!

SELF-HYPNOSIS WORKSHOP

JT Harms, C.Ht.

When we get our blood drive date set, JT Harms, C.Ht. will conduct a workshop after the drive on Self-Hypnosis. He will also be there before the drive to help fearful donors let go of the discomfort of the needle-stick and/or worries from giving blood. This will be accomplished easily and peacefully in the donor's unconscious minds.

Those who meditate have a good understanding of the process. As we meditate, we are achieving a state of relaxation. Hypnosis takes that relaxation much deeper. Those who learn this technique will be able to take themselves into a trance-like state on their own. This will lead to less stress, more peace and happier and more harmonious lives because self-hypnosis provides a stress-management technique.

JT will want all who attend to have a wonderful, relaxing location in advance that they will think of in their minds during the workshop.

A sign-up sheet will be available after the date is set. There is no requirement that people who attend the seminar must give blood. It is open to all members of the community on a free-will love offering basis.

We are also looking for people to help advertise this to our neighborhood. We will get more information out as it is received.

The Creative Process

Wednesdays through November 17

6:30 PM – 8:15PM

Alice Rice, LUT, Facilitator

The Creative Process helps us to grow in consciousness toward a greater outer expression of the Christ that we are. Understanding the Creative Process in the Bible as it relates to the universe, individual creation and consciousness is a rewarding spiritual study and the opening to greater spiritual growth.

- SEE credit class
- Love offering basis

Bricks and Bundles Project

By the time that you receive this, our engraved bricks should already be "planted" in the front yard, next to our entrance walk. If not, it means that we were "rained out" or something. Our new "PAVE THE WAY" campaign is underway.

PAVE THE WAY TO OUR NEW LOCATION FUND RAISING PROJECT

October 1 – Dec. 31, 2010

Because our current site has no space for economical expansion, the Church Board has decided to embark on a plan to eventually move to a new location. Even though we will be placing this building up for sale at some time in the future, we also recognize that it is important to care for it as good stewards of our resources and to keep it attractive to future buyers. Our current goal is to raise \$7,150 for helping us maintain our current facility and to provide for operation and maintenance needs.

The money would be spent as follows:

Clean carpets in the minister's office and in the narthex and hallway	\$ 150.00
Purchase new computers for our office staff	\$1,000.00
Replenish our savings	<u>\$6,350.00</u>
<u>TOTAL</u>	\$7,500.00

We hope that ALL of our members and friends will help us raise these funds so that we can continue serving our communities in the manner in which they deserve. As you agree to help, please mark your check or envelope "FOR THE PAVE THE WAY FUNDING PROJECT".

Many Blessings,
YOUR CHURCH BOARD



FUNDRAISER

We have signed up with Sonic Restaurant in

Silvis to participate in a project to raise funds for our church!! On MONDAY, NOVEMBER 8, we will receive 10% of ALL proceeds that are received at the restaurant from 5 until 8 PM.

Not just from our members but from ALL customers during that time!! So, please plan to eat out at Sonic on Nov. 8 and tell your friends and neighbors to also do so!!

YOUR CHURCH BOARD

General Information and Business

Newsletter Information

Editor in Chief: Rev. Dean Van Wie-(309) 762-1066

Assistant Editor Alice Rice, LUT

Ad Rates

\$25 / 1 month

\$110 / 6 months

\$200 / 1 year

Next deadline for submissions:

July 15, 2010

Submission Guidelines:

Please e-mail information on or before the deadline to:

UNITYQC@aol.com.

Newsletter Online: <http://www.unityqc.org>

Church Office Hours:

Rev. Dean is available:

Monday –Thursday

11 a.m. until 1 p.m. and 2:30 until 5 p.m.

(309) 762-1066

Spiritual Counseling:

Spiritual counseling with Rev. Dean Van Wie is available by appointment.

Inspiration Line

Our 24 hour Inspiration Line is available any time day or night.

Call 309-762-1066 and press “3” when prompted to listen to an inspirational message.

Prayer Requests

You may request prayer support by calling Rev. Dean at the church, a Prayer Team member or by placing a written, confidential prayer request in the prayer box in the sanctuary. Mark the box next to “Let the Prayer Team know right away” for special prayers.

VISION STATEMENT

We are a spiritual beacon, radiating light and awakening the consciousness of joyful living.

MISSION STATEMENT

We are a loving, vibrant, spiritual community with a positive influence on the world: providing opportunities that promote Spiritual awareness and healing for all: expressing joy through generosity, commitment and service: demonstrating Unity principles through faith and prayer: and promoting Oneness with all creation.

CORE VALUES

Our Core Values honor:

Being Christ-focused and Spirit led

Using the power of prayer and meditation

Serving our members and extended community

Expressing abundance consciousness

Nurturing the spiritual evolution of children of all ages and conditions

Maintaining our sacred space

Promoting Truth principles through education and outreach

Recognizing the beauty and Oneness of all life

Affirming the healing and liberating power of Christ consciousness

Acting in integrity in thought, word and deed

Board News

1. We still have our pews listed on Craig's List. No calls yet. We are asking \$250 each.
2. Our Patio Brick Project is still in the planning stages at this writing. We are planning on installing them in the very near future.
3. On October 1, we launched our **Pave the Way Campaign** to raise money for maintenance of our present building and for establishing a fund to prepare for purchasing a new location. Please see the special article in this Newsletter. .
4. Our Blood Drive is in the planning stages again. We will let you know as soon as the date is fixed and hope that we can get a large number of our friends, neighbors and congregants to give on that day.
5. Our Gently Used Daily Word Team is establishing a Saturday morning to take old Daily Words around to doctor's offices, nursing homes, laundromats, etc. Watch for details.
6. We are looking for people to serve on a Kitchen Angel Team to help care for our Unity Café during and after special events. Persons interested should see any Board member.
7. We have signed up for a fund-raising project with Sonic Restaurant in Silvis for Monday, Nov. 8.
8. The next Board meeting is scheduled for Tuesday, Nov. 15. Please see any Board member if you have information to be discussed.

Automatic Withdrawal for Tithes, Love Offerings and

Contributions Is Available: We have created an automatic withdrawal system for making contributions to our church. It is very easy to set up. Please see our website, any Board Member, or Rev. Dean if you would like more information.

CHURCH GOALS

We thank God for completion of the following activities.

Income continues to increase

Weekly attendance to Sunday Services continues to increase

Two additional teachers and two helpers in our Youth Ministry who are blessed for and by the work they do

Resources and people are manifest for the music ministry

CHURCH GOAL STATEMENT

WE SEE GOD'S PLAN OF HARMONY, PROSPERITY, AND PEACE APPEARING NOW FOR OUR CHURCH, OUR BOARD OF TRUSTEES, OUR MEMBERSHIP AND FOR ALL WHO ENTER OUR DOORS.

FINANCIAL REPORT

In September, the church took in revenue of \$4,123.91 and spent \$4,572.40, for a net loss of \$448.49. Year to date, the church has taken in \$39,500.54 and spent \$46,264.45, for a net loss of \$6,763.91. Year to date there have been no capital improvements. Love Offerings totaled \$3,115.35 in September, for a total of \$34,631.97 for the year. Bank account balances, including deposits in transit and outstanding checks, were \$644.74 at the beginning of September and \$196.25 at the end of September, a net decrease of \$448.49, reflecting the net operating loss mentioned above.

September Report

Income	\$4,123.91
Expenses	\$4,473.40
2010 Income to Date	\$39,500.54
2010 Expenses to Date	\$46,264.45

Volunteer Opportunities

MUSIC MINISTRY VISIONING TEAM

Patricia Mooney is the leader of this team that has 8 volunteers plus Rev. Dean. If you would like to be a part of the team, please contact Rev. Dean or Patricia.

YOUTH ED MINISTRY VISIONING TEAM

At this point, we have three people who have volunteered to help on this team. Anybody who wishes to join is invited to contact Rev. Dean or Byron Gaskins, Y E. Director.

ENVIRONMENTAL TEAM

We have three members on our Green Team: Pam Kaufman, Gina Howell and Holly Johnson. If you would like to be a part of this team please see any of the above.

BIRTHDAY CAKE DONORS WANTED

We are looking for two volunteers per month to share the responsibility of providing birthday cakes for our birthday celebrations each month. Please call the church at 309-762-1066 or place your name on the sign-up sheet in the Unity Café.

DAILY WORD DISTRIBUTION TEAM

Jeanie Gamer is taking over this team that takes older Daily Word magazines and distributes them to Nursing Homes, doctor's offices, bus stations and other locations where they can be reused. There is a box in the narthex for you to drop off your gently used Daily Word magazines. The Team will be taking them out sometime this month. Please contact Rev. Dean or Jeanie if you would like to help.

NURSERY VOLUNTEERS NEEDED

Our nursery project is finished. We are looking for volunteers to help run it when we have babies at the services.

KITCHEN ANGEL TEAM

We are looking for people to serve on a Kitchen Angel Team to help care for our Unity Café during and after special events. Persons interested should see any Board member.

PRAYER TEAM

Prayer Requests: Call the church office at 309-762-1066 or Pat McLaughlin (309) 269-4213 or Alice Rice, LUT (309) 788-1200. We invite you to visit or join our Prayer Team which meets the first Tuesday of every month at 5:30 PM at the church.

We have several opportunities for members and friends of Unity to pray with us during the week!

Nooners Prayer Group The Prayer Team prays for Peace for the world at noon every day. We are using "Prayer for Peace," which is located on the back of the Sunday Bulletin or you can obtain a copy by contacting any Prayer Team Member.

The Niners Prayer Group The Prayer Team prays for the church at 9 a.m. and 9 p.m. daily wherever they are at those times. We have a prayer sheet readily available.

VOLUNTEER OF THE MONTH

Our Volunteer of the Month is TRISH HEPNER!! Trish is the leader of our Meditation Group that meets here the 2nd Thursday of every month and recently became certified as a trainer for our Chaplain Program. After the first of the year, she will be setting up classes to get our Chaplain Program energized!! MANY THANKS, TRISH!!

Calendar: November Activities

November 2 5:30 PM. Our Prayer Team regular monthly meeting. Please contact Pat McLaughlin

November 7, and 28... Choir Practice: - 9 AM
Sunday Cinema 9:45 until 10:45 AM

Movie Title: "The Dalai Lama Renaissance Vol II"

November 7 Potluck Sunday-- Theme: Harvest Time

November 8 EAT OUT AT SONIC in Silvis from 5 until 8 PM!! Sonic will donate 10% of ALL proceeds to our church!!

November 9, 16, 23 and 30... Silent Unity Prayer Service
Rev. Dean invites you to join him in prayer using the monthly Silent Unity Prayer sheets, either with him at the church or wherever you are!

November 16... Board Meeting - 6:30 – 8:00 PM

November 3, 10, 17... The Creative Process Class
6:30 – 8:30 PM

November 11... THURSDAY MEDITATION GROUP
Meets from 3:30 until 4:30 PM; ALL are invited to join us!!

November 14... ALICE RICE, LUT Guest Speaker
Topic, "WHAT I AM GRATEFUL FOR!!"
Also, 5 year anniversary of Unity of Clinton.
10:45 AM Service and dinner at 12:30 PM at Gil's Ballroom. Contact Rev. Sue Peters for reservations and details. 563-243-3561

November 19 and 20... Spiritual Cinema Weekend 6:45 PM – "EXCUSES BEGONE!" from the book by the same name by Dr. WAYNE DYER.

November 21... Special Thanksgiving Potluck after service. Church will supply the turkey.

November 28... Bake Sale

You are invited to bring items to sell. All income will be set aside for purchasing audio-visual equipment for the church.
... **After Church - Lunch Bunch at Incredible Pizza**

NOVEMBER BIRTHDAYS

Lia Bellomy	November 23
Michael Blentlinger	November 17
Esther Gibson	November 24
Nancy Gronewold	November 29
Barb Runge	November 29

UNITY OF CLINTON **CELEBRATION**

NOVEMBER 14 is the date of the 5 year anniversary celebration of Unity of Clinton. Service at church at 10:45 AM and dinner at 12:30 PM at Gil's Ballroom. Contact Rev. Sue Peters for reservations and details. 563-243-3561

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BOOK REVIEW

THE HIDDEN MESSAGES IN WATER

By Masaru Emoto

What a surprise and joy it was for me, tip-toeing through the pages of this little jewel. Masaru Emoto takes one along on a journey to explore the connection between water [ice crystals] and the soul and consciousness.

It appears that ice crystals are closely and permanently linked to the human soul . . . they contain the key to the mysteries of the universe, and this key can unlock the consciousness required to understand the proper order of the universe, and our role in it. (38)

Emoto began by performing an exhaustive study of crystals formed by freezing water, water gathered from around the world. He tested spring water as well as tap water. He went another step further and tested the effects of words, thoughts and music on the formation of crystals. For example, water

exposed to Mozart resulted in exquisite crystal formations. On the other hand, water exposed to hard rock displayed incomplete or disfigured crystals. The same results occurred between words and thoughts, such as love and gratitude vs. negative words and thoughts. Positive words/thoughts wrought wonderful crystal formations, while the water introduced to negativity formed no crystals or deformed ones. Emoto feared "that words and thoughts [having] the power to change water may seem like far-out religion or philosophy." (4)

On the contrary, Emoto presents excellent scientific as well as metaphysical observations to satisfy even the most ardent skeptic. He claims the fundamental principle of the universe is that "*existence is vibration*," and the "entire universe is in a state of vibration, and each thing generates its own frequency, which is unique." (39) Emoto further explains that

". . . water faithfully mirrors all the vibrations created in the world, and changes these vibrations into a form that can be seen with the human eye," i.e. ice crystals. (43) In examining the frequencies of the words/thoughts of love and gratitude, he discovered that both emit the highest frequencies. Also taken into consideration was prayer, and according to Emoto, "there is no doubt that the vibrations of prayer are relayed to nearby objects in an immediate way, affecting the nearby water." (90)

Rather than the eyes being the mirror of the soul, Emoto asserts "water is the mirror of the soul". (39) From there he continues to link water to vibrations to soul to consciousness, and gives us glimpses of other adjoining theories and conclusions.

In the end, we are left to ponder, if the body is 70 percent water, what do words, thoughts, prayers, etc. have on our bodies? Even more, we must reflect on what effect *our* words, thoughts, and prayers have on others? Emoto reflects:

When you have become the embodiment of gratitude, think about how pure the water that fills your body will be. When this happens, you yourself will be a beautiful, shining crystal of light. (81)

So if you see me around the church, talking to my water (or to myself), you will know why. This is a light read and a must read!

Helen Shoulders
Reviewer

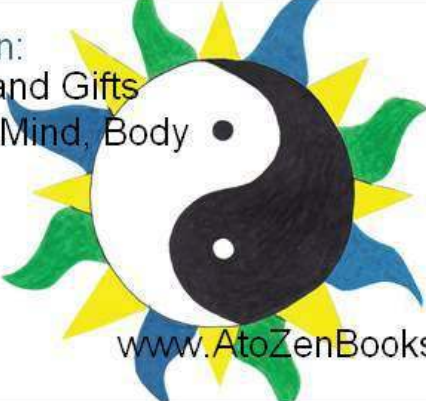
Bliss Bread

By Dreaming Bear Kanaan
The Lovevolution Foundation
www.dreamingbear.net


*Kamikaze kisses from the lips of the Holy-One
keep leaping from the tip of the Lover's tongue
and dive bombing my heart in tiny explosions of Laughter and Light...
breaking new ground inside my thoughts,
turning me inside out so that all I am is a throbbing star,
exposing the softness of my soul
as I share with you my most tender sacred aching parts.
Love is a prayer passing between the Beloved's breath and ours...
letting in constellations of compassion as lips do what hands cannot...
a tango with tenderness and truth
dancing in trinity with our tongues.
In this union, we wed ourselves to the freedom of the Divine...
transforming the hot-water of our words
into wildly spinning worlds of wonder and bewilderment,
because when we kiss like this... like This,
in the heat of the moment,
it feels like a holy act of worship
coaxing God to come out and play,
from her firmament of fantasy,
teasing her to manifest as the tickle we feel
when playing Tag with the innocence of our tongues
softly saying you're IT!
We are Bliss-Bread,
savor the flavor my dear,
don't waste a single crumb of light...
let's become kamikaze kisses,
and keep throwing bits of our souls
into each other's playful laughing mouths at night...
O let's become each other's favorite midnight snack,
and sneak off while the whole world is sleeping,
and dissolve ourselves into the sacred parched palette of God.*

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Unity Center of Clinton
Rev. Sue Peters
(563)243-3561.

Rev. Sue Peters conducts services Sunday mornings at 10:45 a.m. Classes are held on Thursday night at 6:30 p.m. For movies and other events, please call Sue or Check out the website: <http://www.unityclintoniowa.org>

IONS-QC Events
For information, call Christine at IONSQC@aol.com or 563-332-7259. www.noetic.org
On Thursday, Please mark you calendars for 6:30 pm on Thursday June 10 at the Bettendorf Library, for our IONSQC program you will find especially meaningful.

Thursday, November 11, 6:30pm
Dr. Alta Price
"Symbols of an Alien Sky"

Thursday, December 10, 6:30pm
Di Mayberry
"Tuning In"

NOTE: All meetings are at the Bettendorf Public Library.

A Course in Miracles
Mary Louise Hamilton,
(563) 355-8135

Mary Louise facilitates a Course in Miracles class in her home in Bettendorf every first and third Sunday of the month at 3:30 p.m. You are invited to call Mary Louise to learn about joining the class.

**COMMERCIAL SPACE AVAILABLE
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Space 1 3300 Square Feet \$1200/month
Space 2 1450 Square Feet \$ 800 /month
Contact Ron Bellomy
563-370-1123



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If you are tired of the negative programming on cable and the radio, check out www.unity.fm on your computer. You will find a wide variety of programs to feed your soul and learn practical ways to use metaphysical teachings. Some of my favorites are: MetaRomp with Rev. Dr. Paul Hasselbeck; PosiPalooza music that matters with Richard Mekdeci. The website also offers programs on topics such as: Spiritual Parenting, using spirituality in business, book discussions, Biblical Power for your Life, and The Leading Edge with Mindy Audlin featuring interviews with today's premier spiritual guides. Alice Rice, LUT