

BEHAVIOR IS A FORM OF COMMUNICATION, NOT JUST SOMETHING TO CONTROL.

Lorna Jean King 1995

When parents, teachers and therapists talk about "behavior", they usually mean bad, also known as "acting out." While this behavior is a problem for the adult, it represents a solution to the child or adult client. The behavior is an answer to a dilemma for which the individual has, at the moment, no better solution.

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